

# White Stag Candidate Equipment List

## I. Wear

1. Hiking boots – broken in! \*
2. Jacket or sweatshirt
3. Complete Boy Scout Uniform
  - Shorts (olive drab)
  - Short sleeve shirt (tan or Venture green)
  - Socks

## II. Bring to Registration

1. Sack lunch
2. Filled Canteen or water bottle (1-liter nalgene bottle recommended)
3. Medical Consent form – if not already sent
4. Transportation Consent form – if not already sent

## III. Camping Gear (packed in backpack)

1. Frame backpack (adjusted to fit)
2. Sleeping bag and pad
3. 1–2 person tent (it does rain at camp)
4. Ground cloth
5. Knife, fork, spoon, cup and plate
6. Flashlight and extra batteries
7. Personal First Aid Kit
8. Pocket knife
9. Canteen or water bottle (*two* 1-liter nalgene bottles recommended)

## IV. Personal Gear (packed in backpack)

1. Extra uniform pants (shorts and long pants)
2. Extra uniform socks
3. Extra underwear
4. Extra socks
5. Hiking socks: (1 pr. for Phase I, 2 pr. for Phase II, 3–4 pr. for Phase III)
6. Appropriate Swimwear
7. Towel
8. Toilet Kit
9. Sewing Kit
10. Sleepwear
11. Warm Jacket
12. Long pants or jeans
13. Pens and Pencils
14. Insect repellent
15. Sunscreen
16. Rain gear
17. Tennis shoes
18. Compass
19. Non-uniform shirt for hiking
20. Lip Balm or chapstick

## V. Optional (if you still have room in your backpack)

1. Alarm Clock
2. Camera
3. Water Shoes

**Do Bring:** Your lunch, filled canteens, and the rest of your gear packed in a backpack and ready for a hike. You just may begin your week with a hike! Also, it is up to you to put name tags in clothing and on gear which makes it easier to return when lost.

**Do Not Bring:** Radios, stereos, electric games, playing cards, game equipment, dice, pets, firearms, bows and arrows, any weapons, sheath knives, axes, hatchets, slingshots, comic books, magazines, candy, food, sterno or other flammable liquids, alcohol or non-prescription drugs. Any and all of the above will be confiscated at check-in and held until the end of the program.

\* **About Hiking Boots:** Leather hiking boots take several months –many miles— of walking/hiking to “break in” and soften up the boots to the point where they will not cause blisters. Newer synthetic materials break in more quickly —but still, *do not* buy new hiking boots the week before White Stag! You may really regret it. Instead, if you need to buy new hiking boots, do so at least a month or two ahead of time, and then wear them a lot before you come to White Stag Summer Camp.